

Do You Snore?

Is
“Injection Snoreplasty”
Right For You?



Simple

Inexpensive

Well Tolerated

Office Procedure

Minimal Discomfort

No Dietary Changes

INJECTION SNOREPLASTY

Initial Evaluation Visit

A complete ENT exam, including a fiberoptic endoscopy of the upper airway is an important first step in deciding whether the procedure is right for you. Sleep-disordered breathing may have a variety of causes. It is also necessary to determine if a sleep apnea condition exists by means of the initial ENT examination. You will be given a sleep questionnaire to complete. A “SNAP” home sleep study may be suggested, which not only helps to detect sleep apnea, but helps to locate the site of the snoring. The “SNAP” testing also measures snore intensity.

If sleep apnea is suspected, a conventional overnight sleep study may be recommended for further evaluation.

Cost Of Treatment & Insurance

The initial comprehensive ENT evaluation and fiberoptic endoscopy are necessary to evaluate your sleep disorder, and this is generally covered by your insurance company.

The “SNAP” home sleep study is generally covered by your insurance company also, and additional insurance evaluation is offered and recommended by “SNAP”, prior to the procedure.

The cost of the Injection Snoreplasty procedure is \$225.00, and possibly two (2) treatments may be necessary. We request that the \$225.00 be paid on or prior to your procedure, as the procedure itself will not be covered by your insurance company in most instances.

There are no office charges during the thirty (30) day post-procedure period relating to the injection. Thereafter, an “established patient” follow-up office visit fee is charges.

Since this is an office based procedure, there are no hospital related charges.

Procedures and Expectations

Please allow at least thirty (30) minutes for the procedure. A topical anesthetic will be administered to the back of the throat. A small amount of sclerosing fluid is injected just under the surface lining of the palate at the base of the uvula. There will be a minor sore throat in the roof of the mouth at the injection site.

It may take some patients longer than others to feel the relief from the injection. Swallowing should not be a problem, and there are no voice or dietary changes necessary. The palate and/or uvula will feel swollen for a while. Pain medications can be ordered after the procedure if necessary. You may return to work or home the same day.

Snoring improvement may not be noticeable immediately as it takes time for the palate tissue to scar and contract, giving the desired result.

INJECTION SNOREPLASTY

If you feel that you

could benefit from this

procedure, or know of

someone who might, we

would be happy to make

an appointment for

evaluation of having

“Injection Snoreplasty”.

Other Procedures Offered

Skin Cancer/Lesion Excisions

Tonsillectomies & Adenoidectomies

Ear Tubes and Major Ear Surgery

Endoscopic Sinus Surgery

Thyroid Surgery

Chemical Peels

Fiberoptic Endoscopies

Facial Plastic Surgery

Head & Neck Surgery

BOTOX® Injections

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